

Discussion Ideas



Choose strategies from the list below to facilitate group discussion.

Connecting Activity

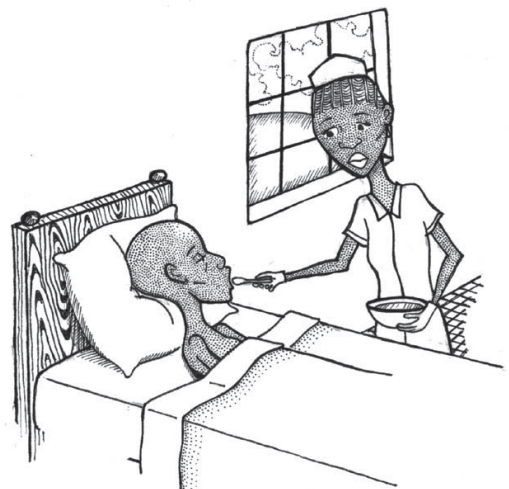
Ask each person in the group to answer this question: What helps you feel better when you're sick?

Discussion Questions

1. What precautions do the hospice workers take to protect themselves and to protect those who are sick?
 - *Wash their hands; wear gloves; bandage open wounds.*
2. What do people with AIDS need?
 - *Compassionate care.*
3. What are safe ways for the children to care for people at the hospice?
 - *Hug, hold hands, talk, fold clean laundry.*
4. How do the children show kindness and empathy to the people at the hospice?
 - *They treat them as they would want to be treated in the same situation; they spend time with them, talk with them.*
5. ► How do you feel when you're around someone who you think is sick from AIDS? Do you feel as if you are in danger?
 - *Answers may vary from nervous or fearful to comfortable; some may not feel comfortable around people with AIDS.*
6. ► How can you show kindness and compassion to someone you know who is living with HIV/AIDS?
 - *Talk with them, spend time with them, help them.*

Personal Growth Activity

Think of one specific way you can show kindness and compassion to someone who has been affected by HIV/AIDS this week and do it.



☞ Spiritual Application

Read II Peter 1:5-9. Then ask: What qualities should you try to add to your life according to this verse? Why are these qualities important?

☞ Prayer Point

Lead the group in a prayer asking God for compassion for those who are sick with HIV/AIDS. Ask God to show each individual what they can do specifically to grow in kindness and compassion for others.

☞ Encouragement

Remind participants that they have all been affected in some way by the reality of HIV/AIDS in their community. Encourage them to move beyond fear and extend compassion.

Grandma's Wisdom

It takes courage to walk into a place where people are sick and suffering. It is frightening and you may feel uncomfortable. Someone once said that "Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around". You have the power to turn a life around, child, if you will have courage!

