

# Discussion Ideas



Choose strategies from the list below to facilitate group discussion.

## **Connecting Activity**

Ask each person in the group to share one question they have about HIV/AIDS.

## **Discussion Questions**

1. What is the difference between HIV and AIDS?
  - *HIV is the virus; AIDS is a condition when people are sick.*
2. How is HIV/AIDS spread?
  - *Through blood, breast milk and sexual fluids.*
3. What do people with AIDS need?
  - *Help with eating, washing, cleaning up; compassion.*
4. How does Bahati show responsibility in this story?
  - *He organizes a group to help sick people in the village; chooses to help rather than go to soccer.*
5. ► How can you help make sure that others don't get hurt by AIDS?
  - *Focus on prevention; be safe yourself (save sex for marriage, be faithful sexually in marriage); educate others; testing; help the sick.*
6. ► What can you do to care for someone you know who is living with HIV/AIDS?
  - *Visit them; be compassionate; help in practical ways.*

## **Personal Growth Activity**

Use pictures and words to create a simple poster that expresses a choice you will make to protect yourself and/or your community from HIV/AIDS.

## **☞ Spiritual Application**

Read Matthew 5:14-16. Then ask: What do you think it means to be a light for the world? Why are good deeds important?

## **☞ Prayer Point**

Lead everyone in a prayer asking God for compassion for those who are sick with HIV/AIDS. Ask God to show them how they can make good choices and help others.

## **☞ Encouragement**

Encourage participants to find one way in the coming week that they can show compassion to someone with HIV/AIDS. You might share about an experience you have had with someone who has HIV/AIDS. Consider reading part of Grandma's Wisdom to close the group time.

### **Grandma's Wisdom**

Children, don't forget the lesson about the Black Mamba. The most important thing is to prevent dangerous things from hurting someone! When it comes to HIV/AIDS, the only way to do that is to wait until marriage to begin having sex. I am so thankful that Bahati and Riziki have learnt a lot about HIV/AIDS, but what is most important is that they are beginning to put what they know into practice! They have made a decision to keep from sex until marriage and they plan to only have sex with the person they marry. It will take a lot of strength and courage, but I know they can do it. I know you can do it, too! It takes courage to save sex for marriage.

