

Discussion Ideas



Choose strategies from the list below to facilitate group discussion.

Connecting Activity

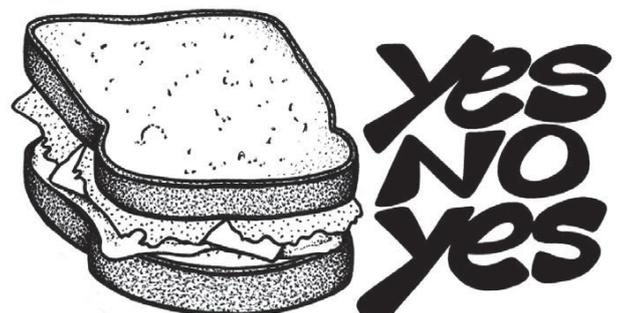
Ask each person in the group to answer this question: How do people pressure you into doing something you don't want to do?

Discussion Questions

1. What tactics does the barracuda use to tempt the little fish in the story?
What tactics does Pendo use to tempt Bahati?
 - *Sounds nice, sweet; lies, cries, manipulates with words and emotions.*
2. What does Joseph do when he is tempted by Potiphar's wife?
 - *Says no respectfully; runs.*
3. How do you see honesty modeled in Bahati's life in this story?
 - *He is open with Juma; tells Pendo how he feels; says no respectfully and directly.*
4. ► How does Bahati say "no" to Pendo? What do you learn from his example?
 - *He says no to sex with Pendo directly, but shows respect for her as a person.*
5. ► What is the sandwich approach?
 - *(1) Say yes to the relationship. Be friendly but firm.*
 - *(2) Say no to the activity.*
 - *(3) Say yes to a different idea or activity.*
6. ► What are some common temptations that we may all face?
 - *Take a few moments and practice making yes/no/yes responses to those temptations.*

Personal Growth Activity

How can you say yes/no/yes to a specific temptation you are facing today? Draw a sandwich on a piece of paper and label each part with possible yes/no/yes responses you could use in this situation.



☞ Spiritual Application

Read Psalm 119:9-11. Then ask: How can a person remain pure according to this scripture? How do you see this scripture played out in Bahati's life? How might it play out in your life?

☞ Prayer Point

Lead the group in a prayer asking God for courage to overcome evil with good. Pray that group members would hide God's word in their hearts and choose purity.

☞ Encouragement

Remind participants that they are precious and valuable. They can make the choice to say no to temptation and to protect themselves. To close, consider reading Grandma's Wisdom to the group.

Grandma's Wisdom

It takes courage to say "NO" to things that aren't good. And if they won't take "no" for an answer, and if nothing else works, run, just like Joseph did! Get out of the bad situation any way you have to.

