

Discussion Ideas



Choose strategies from the list below to facilitate group discussion.

Connecting Activity

Ask each person in the group to complete this sentence: Sometimes I feel like my peers are pressuring me to _____.

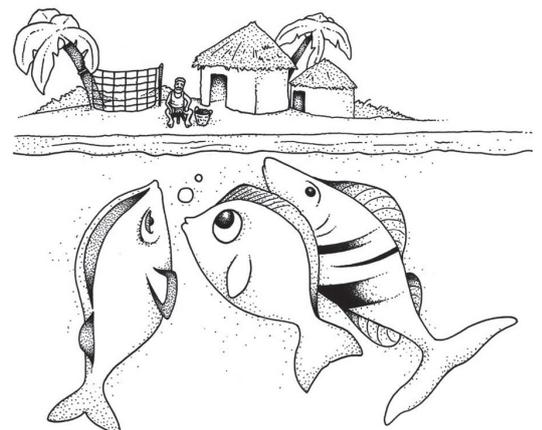
Discussion Questions

1. Think about Tumi's communication with Chokoza. What did her words and actions communicate to him?
 - *She communicated openness, interest; flirted; failed to say "no" clearly.*
2. Which approach did Tumi take towards Chokoza in this story: Wait and See, Think Fast, or Plan Ahead? What happened as a result?
 - *Think fast; she put herself in a dangerous situation.*
3. How can Tumi regain her reputation?
 - *Do what is right again and again in the future; avoid the appearance of evil.*
4. ► Boys, do girls ever mean "yes" when they say "no"? How do you come to that conclusion? Girls do you ever say "no" and mean "no", only to find that the boys don't take you seriously?
 - *Allow discussion without making comment.*
5. ► Is it hard for you to say "no" when you're being pressured by friends to do something you know you shouldn't do? Why is it hard?
 - *Don't want to risk friendships, want others to like them, want to look cool, etc.*
6. ► What specific gestures, facial expressions, tone of voice, or body stance clearly communicate "no"? How can you say "no" clearly, but respectfully, without putting the other person down?
 - *Use open hand to create barrier, keep voice low and serious, look directly into the other person's eyes, step back; no name calling or mean words.*

Personal Growth Activity

Write your answers to these questions:

- *What kind of peer pressure are you experiencing in your life?*
- *How can you say "no" in this situation clearly and respectfully?*



Spiritual Application

Read Proverbs 16:17. Then ask: What does it mean to be upright? What does an upright person do? How can you guard or protect your life?

Prayer Point

Invite one of the participants to pray, asking God for courage to say “no” under pressure and to help the group guard their way and guard their life.

Encouragement

Thank everyone for their thoughts and opinions, and for participating in a fun discussion. Encourage participants to continue making good choices. Encourage them to be like the fish “Plan Ahead”, trying to anticipate troubles before they arrive.

Grandma's Wisdom

Tumi did not Plan Ahead like that first fish, and swim away before the danger began. At least Tumi was like the second fish, and thought fast, getting away from Chokoza before he could hurt her. It could have been much worse if she had been like the third fish and said, “I’ll wait and see”! It takes courage to say “no” when people are pressuring you to do wrong. But we must choose the right voice to listen to and not worry about what others say.

