

Discussion Ideas



Choose strategies from the list below to facilitate group discussion.

Connecting Activity

Ask each person in the group to complete this sentence: "Friends should...."
Then ask everyone to complete this sentence: "Friends should not...."

Discussion Questions

1. What tactics does Samson use to take advantage of Malaika?
 - *He manipulates her, using his relationship with the family, his size*
2. What lessons do you learn from Malaika? How does Malaika show courage in this story?
 - *Trust the voice inside telling you to be careful; tell an adult about the abuse.*
3. ► In this story, was it more important for Malaika to respect her father's friend or to respect her own feelings? Why?
 - *Her own feelings; she needs to protect herself.*
4. Who are safe people for Malaika in this story? How do they care for her?
 - *Grandma, Riziki; they listen, help, protect.*
5. ► Do you know someone who has been hurt or abused? What can you do or say to show this person you care for them?
 - *Listen, help, protect, be a good friend, etc.*
6. ► Who are the safe people in your life you can talk with when you're hurt? What makes these people safe for you?
 - *Safe people are loyal, trustworthy, honest, do not abuse.*

Personal Growth Activity

Have you been hurt by someone? If so, who can you talk with about it? Talk with a safe adult about the abuse and the limits you need to set on the person who hurt you.

☞ Spiritual Application

Read Joshua 1:9. Then ask: What is God's promise to you in this verse? How does this promise help you deal with fear and discouragement in your own life?

☞ Prayer Point

Lead the group in a prayer for courage, the courage to face their own problems and the courage to confront others when they know that abuse is taking place. Thank God for his love for them and his promise to be with them always, even as they walk through confusing and painful times.

☞ Encouragement

Remind each participant that they are precious and valuable. No one deserves to be hurt or abused. Encourage them to speak with you or other safe adults who are ready to help. Consider reading part of Grandma's Wisdom to close the group time.

Grandma's Wisdom

It takes courage to tell the truth about the abuse so that no one else has to go through the pain you've gone through. And if you know someone being abused, find the courage to tell a trusted adult about it.

