

Discussion Ideas



Choose strategies from the list below to facilitate group discussion.

Connecting Activity

Ask each person to share an example of a time they showed respect or kindness to someone, or a time someone showed respect or kindness to them.

Discussion Questions

1. Have you ever been like Riziki and tried to show love and respect to someone who was unkind to you? What happened?
 - *Encourage participants to share personal experiences.*
2. Why does Pendo act the way she does?
 - *She doesn't have anyone to love her; she has no one to look after her.*
3. If Pendo was with us today, do you think she would say she is happy or unhappy?
 - *She would probably say happy, but not really feel happy on the inside.*
4. ►What lesson do you learn from the story of the builder?
 - *Respect yourself; build a solid house with a good foundation.*
5. Do you think Pendo understood the point of Grandma's story of the Merchant and the Builder? Why or why not?
 - *There is no right or wrong answer; opinions may vary.*
6. ►People who go through great pain in life face an important choice. Some choose to remain positive and make good choices. Others choose to become angry, mean, or bitter. Which choice is healthier and why?
 - *Those who choose well, even in difficult circumstances, are usually happier and healthier than those who make poor choices.*

Personal Growth Activity

Draw a picture of the house you hope to build with your life. Make a list of the materials—character, courage, friends, education, etc.—you will need to build this house.



☞ Spiritual Application

Read Matthew 7:24-27. Then ask: What does it mean, practically, to build your house on the rock? What are the results of building on the rock?

☞ Prayer Point

Lead the group in a prayer asking God to bless each participant, to help them to be healthy in every dimension, and to give them the strength to make good choices. Thank God for the special and unique way He has made each person in the group.

☞ Encouragement

Consider reading part of Grandma's Wisdom to close the group time. You may also want to identify one or more persons in the group you have observed making healthy choices, even in difficult situations.

Grandma's Wisdom

What kind of house are you building? Are you building on the Lord? We build our houses, a day at a time, often putting less than our best into the building. But we have to live in the very sort house we have built for ourselves. You are the carpenter of your life. You are laying your own foundation. Each day you are choosing your own building supplies. The attitudes and choices you make today will build the house you will have to live in tomorrow. It takes courage to build well for your future.

