

**P244**

**Grace Notes Radio Program**

**SERIES: Think Right Thoughts – part 1**

**SONGS: God loves you 4:47**

**You are my all in all 2:53**

**INTRO: The mind is a powerful thing. What you think greatly influences what you say and do. It can govern the success or failure of your efforts, and even improve or ruin your health.**

**Our mind is often associated with our personality. It's said that a person can be weak or strong minded - sharp or dull minded - spiritually or carnally minded. You can be out of your mind or in your right mind. And..you can open, close and change your mind...the list goes on. Today on Grace Notes, Barbara Sandbek begins a series on 'Thinking Right Thoughts'. So, set your MIND in gear and listen up for a MIND enlightening message.**

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**Science has discovered many of the hard wired connections that appear to give the brain (or mind) so much control over the body. Most minds have literally been programmed, like a computer – and not always with the right things. No wonder we 'crash', so to speak.**

**The Bible says in Proverbs 4:23...**

**Above all else, guard your heart, for it is the well-spring of life.**

**The heart (or mind) was believed to be the source of intellect and the place where life changing decisions were made – sort of like a CPU.**

**We must guard our minds. How? By keeping the garbage from going in so garbage won't come out. We do this by putting up a fire wall to detect and reject unwholesome input...from external peripherals like TV, books or even conversations. We do ourselves and God a disservice when we don't.**

**God made us...He knows what we think. We are not a computer to Him. King David wrote in Psalm 139:1-3...**

**O LORD, you have searched me and you know me...you perceive my thoughts from afar...You are familiar with all my ways. Before a word is on my tongue you know it completely, O LORD.**

**Understanding this, he wrote in Psalm 19:14...**

**Let the words of my mouth and the meditation of my heart be acceptable in Thy sight, O Lord, my strength and my Redeemer.**



**We need to program our mind with good things so we can THINK RIGHT THOUGHTS. This pleases God. Here's God's list of good things to think on in Philippians 4:8...**

**Whatever is TRUE  
whatever is NOBLE  
whatever is RIGHT  
whatever is PURE,  
whatever is LOVELY,  
whatever is ADMIRABLE/OF GOOD REPORT;  
If anything is excellent or praise-worthy  
THINK ON THESE THINGS.**

**I don't know about you, but I need examples. I want to know what's true, (especially these days), what's noble, what's just...and so forth. So let's dig a little and start with what is true.**

**Something is considered true if what was said about it conforms to reality.**

**God's word is the source of all truth. In John 1:1 it's written...**

**In the beginning was the WORD, and the WORD was with God and the Word was God.**

**Psalm 33:4a says....**

**...the WORD of the LORD is RIGHT and TRUE.**

**God gave His truth to men to put in written form. 2 Timothy 3:16a says...**

**All Scripture is given by inspiration of God.**

**He made His word reality to us according to John 1:14...**

**And the WORD became flesh and dwelt among us, and we beheld His Glory, the Glory as of the only Begotten of the Father, FULL of grace and TRUTH.**

**To know God is to know truth. We can know God only through His Son, Jesus, who is God's Word manifested in the flesh. Jesus said in John 14:6...**

**I am the way, the TRUTH and the life, no man comes to the Father but by me.**

**When we accept Jesus Christ as the only way to God, we're connected to the Truth. Our minds are enlightened – our thinking is no longer futile, darkened and separated from God. We're no longer controlled by satan, the father of lies (John 8:44).**

**Our mind is liberated. In John 8:31b-32 Jesus said...**

**"If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."**

**But so many people's minds have been subjected to repeated negative messages. This programmed language of limitation has become a life script, a loop to endlessly relive - a reality.**

**If this is you, ask God to help you reprogram your mind. Do your part by choosing not to entertain these thoughts. If you are not a Believer in Jesus, you need to take the first step by praying this prayer now....**

**Dear God in Heaven,**

**I know I can't come to you any other way than through Jesus, your Son.**

**I believe that He died to pay the penalty for my sin and rose again to save me.**

**I ask Him be my Savior, come into my life be my Lord. Give me the mind of Christ so I can discern what is truth and live by it. In Jesus' Name...Amen**

**Remember...in Christ, you are loved, not for what you do, but for who and whose you are – a child of the King. Bathe your mind with soothing thoughts of God and His love for you – THINK ON THESE THINGS.**

**\*\*\*\*\* WRITER: Larnelle Harris**

**\*\*\* GOD LOVES YOU \*\*\***

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Hope, like a flower will push  
Through the smallest crack  
In your broken heart  
And out of the deep darkest night  
Will shine the brightest burning star  
Oh, it's there  
Like a half remembered song  
The thing that you've forgotten  
But have known all along

God loves you  
And He wants you to know  
He's with you  
And you are not alone  
He will see you through  
God loves you

Tears are just water and salt  
But a thimble full  
Can fill up oceans wide  
Oh, but trust

Not just one gentle wind  
Can sail you to  
The other side  
Oh, it's there  
Like a whisper on the breeze  
Truth that's so familiar  
It's so hard to believe

God loves you  
And He wants you to know  
He's with you  
And you are not alone  
He will see you through  
God loves you

You don't have to be anywhere near perfect  
You don't ever have to prove a thing  
You are loved, you are love  
So far beyond your imagination

God loves you  
And He wants you to know  
He's with you  
And you are not alone  
He will see you through  
God loves you

God loves you  
And He wants you to know  
He's with you  
And you are not alone  
He will see you through  
God loves you

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